



Editor's Words

Hi Everyone,

I'm so happy this association is finally making some headway. I apologize for putting it on the back-burner for so long, but after I thought my last semester at SDSU had ended...well...something else came up and dragged me back. Now that I've survived that semester, I have time to finally finish what I started with the Alumni Association.

So what is the point of having a Prehealth Alumni Association? I wish I could promise huge alumni conventions at five star hotels, with disco-themed dance contests, open-bars, and cheap and interesting CE courses for varied health professionals, but I stopped playing make-believe when I was a kid.

The reasons I thought we should form an alumni association were to help some alumni reconnect and, for those willing to donate, pool money through donations to help out the current and future prehealth students of SDSU. I know that I have met some amazingly fun pre-health people in my years at SDSU, and figure an alumni association would help me keep in touch with them. I have also seen firsthand the dire need that the students and student organizations have for financial support in pursuing their endeavors. Whether it was trying to help CPO figure out how to pay for presenters, hearing how AMSA members couldn't get gas money to drive to their conference, or wondering why the Pre-dental Club never had enough toothbrushes, toothpaste, or floss when they needed to go on their outreach trips, I know there is a need here that could be filled.

I decided that when I graduated that I would give back to SDSU, but I didn't want to just throw \$100 at the school and have it get channeled away to pay for a park bench with a placard that said

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Riding the Wave of Success

Despite overwhelming obstacles and a serious lack of funds, the Council of Prehealth Organizations (CPO) somehow came together a year ago and put on an amazing conference for prehealth students. The 3rd Biennial Catch the Wave to Success Prehealth Conference at SDSU was a rousing success. Numerous clubs and departments, like the Student Osteopathic Medical Association, Pre-dental Club, HCOP, AED, AMSA and others, worked closely with CPO to plan the event which drew over 100 students from different prehealth disciplines.

On Friday night, students, presenters, and college fair participants gathered for the welcome dinner and opening address by Sandra Daley, M.D. Dr. Daley, a professor of pediatric medicine at UCSD, gave an inspiring lecture on the keys to student success in the health field and beyond. It was a wonderful way to open the conference and charged up both students and presenters alike.

On Saturday, concurrent workshops and lectures ran throughout the day giving students a variety of choices of topics. While some students chose to hear Holly Lucille, N.D., speak about naturopathic medical careers, Viola Fryman, D.O., spoke about her long career in osteopathic medicine and how it differed from allopathic medicine. Charles Alexander, PhD, from UCSF, spoke about dental school admissions criteria while, across the hallway, Kiat Lim, M.D., spoke about the danger of underestimating the

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Dr. Sandra Daley invigorates the conference with a wonderful opening dinner lecture

Advisor's Communiqué



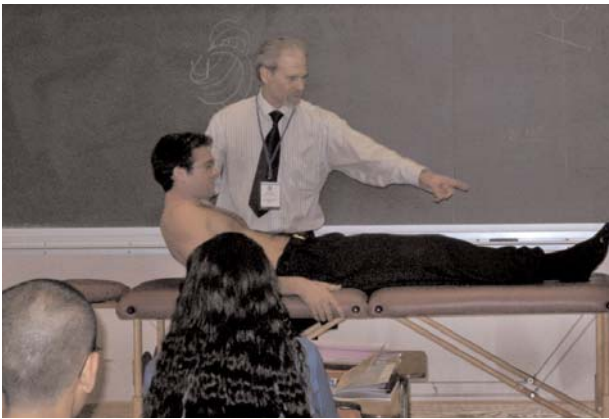
I am delighted to welcome you to our first alumni newsletter. I want to thank Jeff Tsai for spearheading this program to keep us in contact.

As usual, the office is busy and the bulletin board of acceptances is full. We have alumni at medical, dental, veterinary, pharmacy, PA, optometry, public health, naturopathic and other graduate

schools all over the country and some in schools around the globe. Let me put in a plug here for our alumni brunches on December 27 at my home in Chula Vista, but if you can't make it then, I hope you will look me up any time you are in San Diego.

Setting up a way for alumni to stay in touch can help you to network and to help students who were in your shoes not too long ago, so I hope you will join us. Be sure to let us know about changes in your address, your school, your family, your career. We want to know!

Love, Barb
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Dr. Daniel Hull demonstrates OMM on a patient with a misalignment causing him discomfort

Wave continued

increasing rates of Human Papilloma Virus. Many other workshops and lectures, a total of twenty, including Nutrition and Medicine, Public Health in International Settings, Personal Statement Writing, Mock Interviews, and Osteopathic Medical Manipulation



Predental Students chat with a UCSF Admissions Officer at the opening Dinner

Editor continued

“Class of 2006.” I wanted to give back directly to the program and clubs that helped get me where I’m going, and I figured if other alumni also feel this way, we could pool the money into one fund and make it more useful.

I don’t have any grand schemes for how to use the money we collect, but I think it would be nice to financially support clubs as well as set up a scholarship for SDSU students who need money to help in the application process. I just spent a couple thousand dollars going on interviews and paying for my applications...it would have been great if someone had offered me a couple hundred dollars to help pay for it.

Along with this newsletter you probably

Demonstrations ran throughout the day.

Students also had the opportunity to speak with admissions officers and representatives from over a dozen schools at the Prehealth College Fair. Representatives from schools such as University of the Pacific, Samuel Merritt College, University of California Davis, and Western

University spent most of the day speaking with interested students. Several admissions officers also conducted a panel question and answer session during the conference.

The event was an impressive display put on entirely by the students. Derick Le, President of CPO, was able to find the right mix of people to work with to make the event happen smoothly. Alice Hsieh and Carina Lopez found ways to stretch CPO’s minimal budget and find sponsors. Elizabeth Avery, Liljiana Trenova, Matthew Robles, and Hunter Gray found some of the most outstanding presenters from around the country. Jenny Nash, Miranda Slater, and Lissette Silva found ways to fix any little problems that came up. With a cooperative spirit, and the expert advising and guidance of Becky Hames and Barbara Huntington, this

received a membership form for the Prehealth Alumni Association. If you are interested in reconnecting with alumni, sending us little updates on your life since SDSU, or donating to the funds to help students, fill out the form and return it to the address listed on the form. All the donated funds will be held in an SDSU Foundations account and all the deposits and disbursements from this fund will be handled by the staff of the PPHA office (so I’m not trying to steal anyone’s money to pay for my dental school).

I’ll do my best to keep the newsletter running with updates from alumni and updates on what is going on at SDSU’s prehealth clubs. Hopefully we’ll have 1-2 newsletters each year. If I ever figure out how to do anything more than turn



Students speak to Admissions Officers at the College Fair

third conference outdid its predecessors, and we look forward to seeing what comes in 2007 at the fourth Catch the Wave conference.



Some of CPO’s Executive Officers and Club Representatives

on and off my computer to check email...I’ll try to set up a website too, unless someone else with some understanding of how to do that wants to do it for us...hint hint.

I also encourage all of you to keep in contact with SDSU in your own ways. It’s still pretty easy to find out who is in charge of what club at SDSU, and we all have something to offer the students who come after us.

Feel free to contact me with any questions or suggestions.

Take Care,

Jeffrey Tsai
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Calpulli Center Opens for Business

On August 11, 2006, the last patient to ever be seen at the Student Health Services building walked away from the old two story building. But only a short distance down Hardy Avenue stood a

with its consultation windows now much further away from the checkout counter. Furthermore, the pharmacy has been upgraded from little more than a window display with a cash register to a

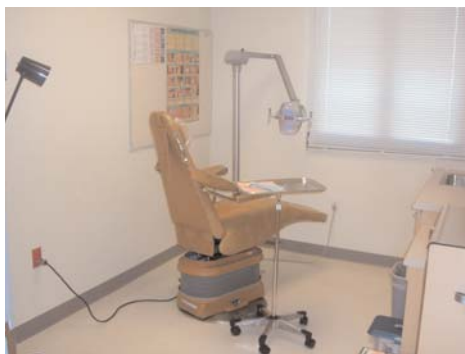


Calpulli Center, the new Student Health Services facility, sits prominently on campus

brand new, four-story complex, Calpulli Center, that would be the new home to health services at SDSU.

The Calpulli Center project took well over 8 years to promote, plan, and build, but the wait was definitely worth it. Many of the complaints about privacy in the older health services building have been addressed and rectified in the newer complex. The more spacious waiting rooms and reception areas make for greater privacy for students when checking in. The pharmacy has also rectified privacy issues

much larger facility that has more shelf space than the current pharmacy has need for. Even the parking situation for



Until the Dental Clinic Opens, the Pre dental Club continues to offer free dental exams

Urgent Care patients is being addressed by the administration of the building.

The upgrades don't end there. The radiology facilities are now fully digital. Exam rooms have been increased as has staff to utilize them. Conference rooms for continuing education and prehealth classes are much larger and will one day

become smart classrooms. The Student Health Advisory Board has been given their own office and meeting space. The optometry and health promotions facilities have nearly tripled in size, and a 6-8 chair dental clinic is currently being planned for installation.

What all these improvements will mean for the prehealth students at SDSU is still not com-



Old Student Health Services Building

pletely clear. While having access to a larger, up-to-date facility for their own health care needs is a wonderful aspect, the hope is for the new facility to also provide more internship and experience-based opportunities for the students. Currently, a couple pre-medical students each semester have internships with Student Health Services, but the PPHA office wishes to partner to create internships for pre-optometry, pre-pharmacy, and pre-dental students. In the future, we hope that prehealth students will be able to look to Calpulli Center as not only a place to go for their health needs, but also a place to learn and improve themselves as candidates for professional health schools.

Classmate Cliffnotes

This section of the newsletter is for alumni to let us know what is new in their lives. If you do not provide a recent picture, I will find an old one and use it.

After graduating from SDSU in 2001, I went to UOP Dental school. I graduated from there in 2004 and went to work as soon as I received my license. Have been working since, not married (yet), bought a house in 2005 (student debt + mortgage = no fancy cars for a while). I can't remember anything funny or embarrassing happening to me because I am still clinging to what I learned in school, or maybe I chose to forget. There are lots of people I'd like to hear about, too many to mention.

Mike Tyler, DDS
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Send me your updates at
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The new Pharmacy now has shelf space for over-the-counter drugs and medical supplies