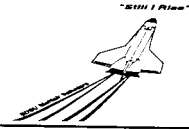


San Diego State University

McNair Memo



Issue Number 00065

Monthly

May 2000



Shameika loves her major and can't see herself doing anything but Psychology.

Psychology Major Finds Her Niche

Shameika Logan has always gotten a lot of support from her family. She credits a great start at the university with their encouragement, the assistance she received from her peer mentor Janet, and the Living Learning Center. Shameika is a psychology major from a choice made in high school. She knew she wanted to work with children but did not know how until she discovered psychology. Today she says, "I can't see myself in an another major. I love psychology!"

She looks forward to a career in counseling and would like to attend a university outside of California for her Ph.D. program because she would like the experience of living in another environment. She is currently interested in universities like NYU, Columbia, Arizona State, Michigan State, Howard, and Georgia State, for their Ph.D. programs.

Her college experience has given her the insight and appreciation of what her parents went through as black students in the 1970's. She feels that their contributions and those of other black and minority students are what made it possible for her to obtain her education today.

When asked what the biggest challenge she faced when she came to SDSU she stated it was focused time management. She learned that she had to work on her schedule so she could accomplish all she set out to do. It was too easy to miss opportunities and complete her assignments in time without focusing on the management of her time. Today she is a student, McNair Scholar, and volunteer as a mentor to a teenage parent. Also, she has learned how important her family is to her.

Shameika sees herself in 10 years with a Ph.D., counseling part-time, teaching and conducting research. She would also like to be married and travel.

This summer she will travel to the University of Michigan where she will attend an SROP internship.

She lives by her mottos, "your mind is stronger than your actions" and "you have to believe in yourself if you are going to make it." These mottos have given her the determination to succeed in all she does and to help others find their roads to success.

Please Mark Your Calendar

May 27-28, 2000	Commencement
June 1, 2000	Seminar, "Developing Your Statement of Purpose"
June 16, 2000	Stipend Payment
June 30, 2000	Stipend Payment
July 6, 2000	Seminar, featuring Nora Dresser, "Preparing Your Oral Presentation"

Please reserve the first Thursday of every month for McNair seminars.

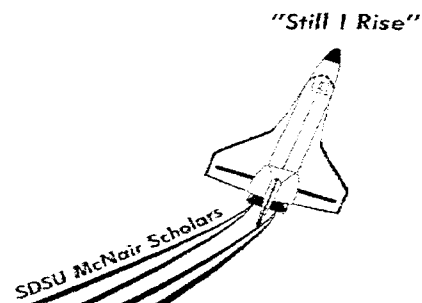
Kudos Korner

Congratulations go to **Dan DeBry** who decided to attend UCLA's Chemistry Ph.D. program. **Kisani Ogaro** has been accepted to the University of Alabama, School of Medicine's M.D./Ph.D. program. She is also the Outstanding Student in Interdisciplinary Studies. **Jeanett Kourda** is the Outstanding Student in Exercise and Nutrition and is graduating Suma Cum Laude. **LaVetta Buchanan** has been accepted to the San Diego State University's Masters of Health Promotions program. **Sandra Contreras** is graduating with distinction and Cum Laude and has been awarded the Parker Award in the psychology department. **Ulla Anderson** was inducted to Phi Kappa Phi and is presenting "Validation of the MMPI-2 Masculinity-Femininity Scale with Latino Men and Women" in Minneapolis on May 19th. **Linda Jazo** has been accepted to Harvard for a masters in Education (not psychology as reported last month). Linda has also been invited to Phi Beta Kappa and is graduating magna cum laude and with distinctions in psychology. **Josh Garcia** will graduate as a member of Mortar Board and Psi-Chi, Homecoming Courtier, Nano Ehrich Memorial Scholars, recipient of the Psychology Department Growth and Achievement Award, with distinction, and Cum Laude. **Kelly Silva** is graduating with Psi Chi, Golden Key, Phi Kappa Phi, MARC, Phi Beta Kappa, Cum Laude and with distinction. She has been accepted to CSPP's I/O Ph.D. Program. **Amy Mingo** has been accepted to the University of Colorado Health Sciences Center School of Pharmacy, Denver. She has been invited to join Phi Beta Kappa, received a research grant from the College of Sciences and is graduating with distinction and Cum Laude. **Sinead Younge** is graduating with distinction. **Katherine Calderon** has been admitted to USC's Social Work program with an emphasis in health services.

On the lighter side... This summer we have 4 of our Scholar alumni, **Sandra Salzedo, Tien Le, Juan Martinez, and Adam Leaché**, tying the knot with their respective husband and brides. Also, **Carl Williams** was recently betrothed. **Vivian Vaccarino** is expecting to increase the size of her family in September by one.

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1999/2000 McNair Scholars

We are proud to announce the names of the newly selected Scholars. Welcome to the program! Scholars are admitted to the program and Summer Scholars also receive a stipend.

New Summer Scholars

Janet Abou	Angela Doucette
April Elias	Regina Favors
Genaro Hernandez	Diane Laureano
Felicia Miles	Trevor McCardle
Jenny Nguyen	John Ryan
Mercy Somera	

New Scholars

Mahasin Abdullah	Manuel Angeles
Anita Garmo	Marissa Hunik
Judy Pitts	Nathan Schumer
Ryann Townson	Eric Vazquez
Arash Kohan	

The SDSU McNair Scholars Present...

SDSU McNair Scholars presented at the 5th Annual Rocky Mountain McNair Research Symposium and Graduate Education Conference. **Ulla Anderson** presented "Validation of the MMPI-2 Masculinity-Femininity Scale with Latino Men and Women: Preliminary Findings." **Patricia Celaya** won second place for her presentation of "Violence and Acculturation Among Hispanic American Youth". **Valita Jones** presented "Cross-Validation of the MMPI-2 Masculinity-Femininity Scale (Mf) with African American Male and Female College Students: An Exploratory Study." A salute to their hard work; each scholar presented both orally and with a poster.

GRE Word of the Month

Perquisite (PUR kwuh zit) *n* a privilege that goes along with a job; a "perk".

Free access to a photocopier is a *perquisite* of most office jobs.

The big corporate Lawyer's *perquisites* included a chauffeured limousine, a luxurious apartment in the city, and all the chocolate ice cream he could eat.

A *perquisite* should not be confused with a prerequisite (pre REK wuh zit), which is a necessity. Health and happiness are two prerequisites of a good life.

A college degree is a prerequisite for many high-paying jobs.

McNair Scholar Publications

Amy Mingo is an author of an up coming publication of the Journal of Biological Chemistry, "p Mitogen-activated Protein Kinase and Nuclear Factor-kB Collaborate to Induce Interleukin-6 Gene Expression and Release: Evidence for a Cytoprotective Autocrine Signaling Pathway in a Cardiac Myocyte Model System". **Andrea Dalve-Endres** was published in the Journal of Neuropathology and Experimental Neurology, "Increased Mast Cell Degranulation within Thalamus in Early Pre-lesion Stages of an Experimental Model of Wernicke's Encephalopathy". **Evamarie Bauer** is an author in the Journal of Personality and Social Psychology, Interpersonal Relations and Group Processes. The title is From majority to minority and vice versa: The asymmetrical effects of losing and gaining majority position within a group". A Salute to a job well done!

The reward of a thing well done is to have done it.
Emerson

The magnitude of a "progress" is gauged by the greatness of the sacrifice that it requires.
Nietzsche