

CURRICULUM VITAE

V. ROBIN WEERSING

Contact Information:

Mailing address:

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Academic Employment:

Assistant Professor	SDSU / UCSD Joint Doctoral Program in Clinical Psychology Department of Psychology San Diego State University	2006-present
Assistant Professor	Child Study Center (primary appointment) Department of Psychology (joint appointment) Yale University	2002-2006

Honorary Academic Appointments:

Adjunct Professor	Child and Adolescent Psychiatry University of Pittsburgh School of Medicine	2002-present
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Education and Training:

Postdoctoral Fellow	National Research Service Award Training Grant National Institute of Mental Health University of Pittsburgh School of Medicine Research mentor: David Brent, M.D.	2000-2002
Ph.D.	Clinical Psychology, minor in Measurement and Psychometrics University of California, Los Angeles Research mentor: John Weisz, Ph.D.	2000
Intern	Clinical Psychology University of Pittsburgh School of Medicine	1999-2000
Predoctoral Fellow	Individual National Research Service Award National Institute of Mental Health University of California, Los Angeles Research mentor: John Weisz, Ph.D.	1997-1999
M.A.	Clinical Psychology University of California, Los Angeles	1995
B.A.	Linfield College, Honors Program, <i>magna cum laude</i>	1993

Honors and Awards:

Beck Institute Scholar	Beck Institute for Cognitive Therapy and Research	2005-2006
Faculty Scholar	William T. Grant Foundation	2004-2009
Klingenstein Fellow	Youth Depression Postdoctoral Fellowship Klingenstein Third Generation Foundation	2002-2004
Convention Travel Award	Mental Health Services Research Conference National Institute of Mental Health	2002
Michael Goldstein Distinguished Dissertation Award	Clinical Psychology Doctoral Program University of California, Los Angeles	2000
National Research Service Award	Individual Predoctoral Fellowship (MH11779) National Institute of Mental Health	1997-1999
Convention Travel Award	American Psychological Association	1996
Pauley Fellowship	Pauley Family Foundation University of California, Los Angeles	1994-1998
University Fellowship	Psychology Department University of California, Los Angeles	1994-1995
Fellowship for Scientific Study	Tektronix Scholarship Foundation	1989-1993
National Merit Scholarship	National Merit Foundation	1989-1993

Grant History:Active grants

William T. Grant Foundation, Scholars Program 2004-2009

Principal Investigator (\$320,000 direct costs)

“Developing and Disseminating Effective Interventions for Depression and Anxiety in Youth”

Funded to develop and test “practice ready” versions of cognitive-behavioral therapy (CBT) for youths with depression or anxiety. Received research funding and career development support (Alan Kazdin, Ph.D., and Kimberly Hoagwood, Ph.D.; mentors).

National Institute of Mental Health, R34 Treatment Development Grant (MH073769) 2006-2009

Co-Principal Investigator (J. Campo, co-PI)

“Brief CBT for Pediatric Abdominal Pain and Anxiety”

Received support to develop and test a brief CBT treatment manual for youths with recurrent abdominal pain and significant symptoms of anxiety. Primary author of treatment manual.

National Institute of Mental Health, Multi-site R01 2010-2014

Co-Investigator, Pittsburgh site (J. Garber, PI)

“Prevention of Depression: Impact on the Transition to Early Adulthood”

Received support to test the long-term impact of a randomized, multi-site CBT prevention trial targeting adolescents at high risk for depression. Project will assess long-term mood disorder status, functional young adult outcomes, and genotypic and psychosocial moderators of effects. Will serve as co-chair of the multi-site Data Management and Statistics Committee and the Assessment Committee.

Grants submitted and in preparation*National Institute of Mental Health, Multi-site R01*

under revision

Principal Investigator (\$1,346,725 direct costs, San Diego site)

“Brief CBT for Anxiety and Depression in Pediatric Primary Care”

Requesting support for randomized trial of brief CBT for youths with anxiety and/or depression seen for services in primary care. Project will assess the clinical and cost effectiveness of the protocol relative to referral to specialty mental health care. San Diego will serve as the coordinating center for the two-site R01. First submission received a priority score of 198 and is under revision for resubmission in Fall 2008.

Completed grants*National Institute of Mental Health, Multi-site R01 (MH06450)*

2003-2008

Co-Investigator, Pittsburgh site (J. Garber, PI)

“Prevention of Depression in At-Risk Adolescents”

Received support for a set of interlocking R01 applications designed as a large, multi-site randomized controlled trial to assess the effectiveness of CBT in preventing depression in the adolescent offspring of depressed parents. Served as co-PI of Pittsburgh data coordination center and as a CBT supervisor and rater of treatment adherence across sites.

Robert Wood Johnson Foundation, Depression in Primary Care Program

2004-2007

Principal Investigator (\$99,985 direct costs)

“Cost-Effectiveness of Brief CBT for Pediatric Depression”

Received support for a randomized, cost-effectiveness trial of brief CBT for adolescents with significant symptoms of depression, seen for services in primary care.

National Institute of Mental Health, Center Grant (MH066371)

2002-2007

Co-Director, Treatment Effectiveness and Dissemination Unit (D. Brent, PI)

“Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders”

Led TEDU studies evaluating the feasibility of disseminating treatments for youth depression and anxiety across a variety of practice contexts. Member of Center executive committee.

Klingenstein Third Generation Foundation, Fellowship in Child Depression

2002-2004

Principal Investigator (\$60,000 direct costs)

“Development and Dissemination of a Cognitive-Behavioral Therapy for Adolescent Depression”

Appointed as depression research fellow (David Brent, M.D., and James Leckman, M.D.; mentors).

Program of work involved developing an expert consensus on CBT core components, assessing practitioner attitudes, testing therapist training methods, and piloting a simplified version of CBT for depressed youths.

National Institute of Mental Health, National Research Service Award (MH11779)

1997-1999

Principal Investigator (\$75,000 direct costs)

“Development of the Therapy Process Checklist”

Obtained individual, pre-doctoral NRSA (John Weisz, Ph.D., mentor). Developed measures of therapists' technique use and case conceptualizations for use in mental health services research.

Grant consultation*NIMH (MH63272)*

Collaborative Mental Health for Behavior Disorders in Primary Care
(D. Kolko, PI, University of Pittsburgh School of Medicine)

2007-2012

NIDA (DA015658)

Mentored Patient-Oriented Career Development
(A. Sheidow, PI, Medical University of South Carolina)

2006-2007

Renfield Foundation

Anxiety Disorders in Primary Care
(L. Scahill, PI, Yale University School of Nursing)

2006-2007

Publications (*Denotes current or former student):

Journal articles

- Weersing, V. R., & *Walker, P. N. (in press). Review: Cognitive-behavioural therapy for adolescents with depression. *Evidence-Based Mental Health: British Medical Journal*.
- Weersing, V. R., *Rozenman, M., & *Gonzalez, A. (in press). Core components of therapy in youth: Do we know what to disseminate? *Behavior Modification*.
- Weersing, V. R., *Gonzalez, A., Campo, J. V., & Lucas, A. N. (2008). Brief behavioral therapy for pediatric anxiety and depression: Piloting an integrated treatment approach. *Cognitive and Behavioral Practice, 15*, 126-139.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007). The situation specificity of youth responses to peer provocation. *Journal of Clinical Child and Adolescent Psychology, 36*, 621-628.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007). Integrating theoretical, measurement, and intervention models of social competence. *Clinical Psychology Review, 27*, 327-347.
- Weersing, V. R. (2006). Testing theory or changing the world?: Balancing the competing goals of psychotherapy research. *Clinical Psychology: Science and Practice, 13*, 342-345.
- Weersing, V. R., & Brent, D. A. (2006). Cognitive behavioral therapy for depression in youth. *Child and Adolescent Psychiatric Clinics of North America, 15*, 939-957.
- Zalsman, G., Brent, D. A., & Weersing, V. R. (2006). Depressive disorders in childhood and adolescence: An overview of epidemiology, clinical manifestation, and risk factors. *Child and Adolescent Psychiatric Clinics of North America, 15*, 827-841.
- Weersing, V. R., Iyengar, S., Birmaher, B., Kolko, D. J., & Brent, D. A. (2006). Effectiveness of cognitive-behavioral therapy for adolescent depression: A benchmarking investigation. *Behavior Therapy, 37*, 36-48.
- Weersing, V. R. (2005). Benchmarking the effectiveness of psychotherapy: Program evaluation as a component of evidence-based practice. *Journal of the American Academy of Child and Adolescent Psychiatry, 44*, 1058-1062.
- Weisz, J. R., Weersing, V. R., & Henggeler, S. W. (2005). Jousting with straw men: Comment on the Westen, Novotny, and Thompson-Brenner (2004) critique of empirically supported treatments. *Psychological Bulletin, 131*, 418-426.
- Jensen, P. S., Weersing, V. R., Hoagwood, K. E., & Goldman, E. (2005). What is the evidence for evidence-based treatments? A hard look at our soft underbelly. *Mental Health Services, 7*, 53-74.
- Compton, S. N., March, J. S., Brent, D. A., Albano, A. M., Weersing, V. R., & Curry, J. (2004). Cognitive-behavioral psychotherapy for anxiety and depressive disorders in children and adolescents: An evidence-based medicine review. *Journal of the American Academy of Child and Adolescent Psychiatry, 43*, 930-959.
- Gaynor, S. T., Weersing, V. R., Kolko, D. J., Birmaher, B., Heo, J., & Brent, D. A. (2003). The prevalence and impact of large sudden improvements during adolescent psychotherapy for depression: A comparison across cognitive-behavioral, family, and supportive therapy. *Journal of Consulting and Clinical Psychology, 71*, 386-393.
- Weersing, V. R., & Weisz, J. R. (2002). Community clinic treatment of depressed youth: Benchmarking usual care against CBT clinical trials. *Journal of Consulting and Clinical Psychology, 70*, 299-310.
- Weersing, V. R., & Weisz, J. R. (2002). Mechanisms of action in youth psychotherapy. *Journal of Child Psychology and Psychiatry, 43*, 3-29.

- Weersing, V. R., Weisz, J. R., & Donenberg, G. R. (2002). Development of the Therapy Procedures Checklist: A therapist-report measure of technique use in child and adolescent treatment. *Journal of Clinical Child and Adolescent Psychology*, 31, 168-180.
- Southam-Gerow, M. A., Kendall, P. C., & Weersing, V. R. (2001). Examining outcome variability: Correlates of treatment response in a child and adolescent anxiety clinic. *Journal of Clinical Child Psychology*, 30, 422-436.

Chapters and books

- Weersing, V. R., & *Gonzalez, A. (in press). Psychotherapy for adolescent depression: Reason for hope or cause for concern? In S. Nolen-Hoeksema & L. Hilt (Eds.), *Handbook of depression in adolescents*. New York: Erlbaum.
- *Gonzalez, A. & Weersing, V. R. (in press). Treatment of depression in children. Chapter for R. Ingram (Ed.), *International Encyclopedia of Depression*. New York: Springer.
- Brent, D. A., & Weersing, V. R. (in press). Depression and dysthymia in youth. In M. Rutter, D. Bishop, D. Pine, S. Scott, J. Stevenson, E. Taylor, & A. Thapar (Eds.), *Rutter's child and adolescent psychiatry: Fifth edition*. Oxford: Blackwell.
- Weersing, V. R. (2007). Effectiveness of psychotherapy in the "real world": The case of youth depression. In L. Mayes, P. Fonagy, & M. Target (Eds.), *Developmental science and psychoanalysis: Integration and innovation* (pp. 225-245). London, England: Karnac Books.
- Brent, D. A., & Weersing, V. R. (2007). Depressive disorders. In A. Martin & F. R. Volkmar (Eds.), *Lewis's child and adolescent psychiatry: A comprehensive textbook, fourth edition* (pp.503-513). Baltimore, MD: Lippincott, Williams, & Wilkins.
- Weersing, V. R., & Dirks, M. A. (2007). Psychotherapy for children and adolescents: A critical overview. In A. Martin & F. R. Volkmar (Eds.), *Lewis's child and adolescent psychiatry: A comprehensive textbook, fourth edition* (pp.789-796). Baltimore, MD: Lippincott, Williams, & Wilkins.
- Weersing, V. R., & Brent, D. A. (2005). Psychotherapy for depression in children and adolescents. In D. J. Stein, D. J. Kupfer, & A. F. Schatzberg (Eds.), *The American Psychiatric Publishing textbook of mood disorders* (pp. 421-436). Arlington, VA: American Psychiatric Publishing.
- Treat, T. A., & Weersing, V. R. (2005). Use of statistics in clinical psychology. In *Encyclopedia of statistics in behavioral science: Volume 1* (pp. 290-301). Chichester, England: Wiley.
- Weersing, V. R., & Brent, D. A. (2004). Psychological therapies: A family of interventions. In P. J. Graham (Ed.), *Cognitive behaviour therapy for children and families: Second edition* (pp. 48-63). London: Cambridge University Press.
- Weersing, V. R., & Brent, D. A. (2003). Cognitive-behavioral therapy for adolescent depression: Comparative efficacy, mediation, moderation, and effectiveness. In A. E. Kazdin & J. R. Weisz (Eds.), *Evidence-based psychotherapies for children and adolescents* (pp. 135-147). New York: Guilford Press.
- Brent, D. A., Gaynor, S. T., & Weersing, V. R. (2002). Cognitive-behavioral approaches to the treatment of depression and anxiety. In M. Rutter & E. Taylor (Eds.), *Child and adolescent psychiatry: Modern approaches* (pp. 921-937). London: Blackwell Scientific.
- Weisz, J. R., & Weersing, V. R. (1999). Psychotherapy with children and adolescents: Efficacy, effectiveness, and developmental concerns. In D. Cicchetti & S. L. Toth (Eds.), *Rochester symposium on developmental psychopathology: Vol. 9. Developmental approaches to prevention and intervention* (pp. 341-386). Rochester, NY: University of Rochester Press.
- Weisz, J. R., & Weersing, V. R. (1998). Developmental outcome research. In W. K. Silverman & T. H. Ollendick (Eds.), *Developmental issues in the clinical treatment of children and adolescents* (pp. 457-469). Needham Heights, MA: Allyn and Bacon.

Weisz, J. R., Huey, S. M., & Weersing, V. R. (1998). Psychotherapy outcome research with children and adolescents: The state of the art. In T. H. Ollendick & R. J. Prinz (Eds.), *Advances in clinical child psychology: Vol. 20*. (pp. 49-92). New York: Plenum Publishing Corp.

Manuscripts in preparation and under review

*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2008). The latent structure of youth responses to peer provocation: Links to anxiety and depression. *Manuscript under review*.

*Warnick, E. M., Weersing, V. R., Scahill, L., & Woolston, J. (2008). Selecting measures for use in child mental health services: A scorecard approach. *Manuscript under review*.

Weersing, V. R., Brent, D. A., & Campo, J. V. (2008). Brief behavioral therapy for anxiety and depression: Results from a pilot randomized trial in pediatric primary care. *Manuscript in preparation*.

Weersing, V. R., Weisz, J. R., *Warnick, E. M., & *Walker, P. N. (2008). The usual content of usual care: Tracking therapist report of EBT use for youth anxiety and disruptive behavior disorders. *Manuscript in preparation*.

Garber, J., Clarke, G. N., Weersing, V. R., Beardslee, W. R., Brent, D. A., Gladstone, T. R. G., Debar, L., Lynch, F., D'Angelo, E., Hollon, S. D., Iyengar, S. (2008). Prevention of depression in at-risk adolescents: A randomized controlled trial. *Manuscript in preparation*.

Kennard, B. D., Brent, D. A., Clarke, G. N., Weersing, V. R., Asarnow, J. R., Shamseddeen, W., Porta, G., Berk, M., & Hughes, J. L. (2008). Effective components of cognitive behavioral therapy for adolescent depression: Results from the TORDIA study. *Manuscript in preparation*.

*Gonzalez, A., Weersing, V. R., *Warnick, E. M., Woolston, J., & Scahill, L. (2008). Predictors of treatment attrition among a community sample of anxious youth. *Manuscript in preparation*.

Treatment manuals and research instruments (*Denotes current or former student)

Weersing, V. R., Campo, J. V., Maher-Bridge, M., Lucas, A., & Dombrowski, C. (2007). *Brief cognitive-behavioral therapy for functional abdominal pain and anxiety (BCBT-FAPA)*. San Diego, CA: San Diego State University.

Weersing, V. R., & Findley, D. B. (2005). *Treating anxiety and depression in youth: Therapist manual and youth workbook*. New Haven, CT: Yale University.

Weersing, V. R., & Findley, D. B. (2005). *Brief cognitive-behavioral therapy for anxiety (BCBT-A): Treating children and adolescents in primary care*. New Haven, CT: Yale University.

Weersing, V. R. (2004). *Brief cognitive-behavioral therapy for depression (BCBT-D): Treating adolescents in primary care*. New Haven, CT: Yale University.

*Dirks, M. A., Treat, T. A., & Weersing, V. R. (2004). *Descriptive coding manual for youth responses to peer-provocation vignettes*. New Haven, CT: Yale University.

Weersing, V. R., Weisz, J. R., & Donenberg, G. R. (2000). *Therapy Procedures Checklist: Family Items, Revised (TPC-FR)*. Los Angeles: University of California.

Weisz, J. R., Weersing, V. R., & Donenberg, G. R. (2000). *Therapy Procedures Checklist*. Los Angeles: University of California.

Weisz, J. R., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1997). *Therapist's Manual PASCET: Primary and secondary control enhancement training program*. Los Angeles: University of California.

Weisz, J. R., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1997). *Act & Think: Youth Practice Book for PASCET*. Los Angeles: University of California.

- Weisz, J. R., Moore, P. S., Southam-Gerow, M., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1999). *Therapist's Manual PASCET: Primary and secondary control enhancement training program* (2nd ed.). Los Angeles: University of California.
- Weisz, J. R., Moore, P. S., Southam-Gerow, M., Weersing, V. R., Valeri, S. M., & McCarty, C.A. (1999). *Act & Think: Youth Practice Book for PASCET*. (2nd ed.). Los Angeles: University of California.

Presentations, Lectures, and Courses:

Peer-reviewed presentations (*Denotes current or former student)

- Weersing, V. R., Campo, J. V., & Brent, D. A. (2008, October). Brief behavioral therapy for pediatric anxiety and depression: Results of a pilot randomized trial. In V. R. Weersing (Chair), *Treatment of anxiety and depression in pediatric primary care: From patient preferences to pilot trials*. Symposium to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- *Bearss, K., Scahill, L., Woolston, J., Findley, D., *Warnick, E. M., & Weersing, V. R. (2008, October). A case study of disseminating parent training into a community mental health center. In L. Osterberg (Chair), *Implementation of ESTs in clinical service settings: What do services look like following dissemination efforts?* Symposium to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- *Gonzalez, A., Weersing, V. R., *Walker, P. N., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Assessing the cultural equivalence of the SCARED using multiple group analysis*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- *Halstead, E. A., *Warnick, E. M., Weersing, V. R., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Diagnostic concordance of structured and unstructured assessment of youth psychopathology*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- *Homel, E. A., Weersing, V. R., *Gonzalez, A., Findley, D., Scahill, L., & Woolston, J. (2008, November). *An exploratory study of somatic symptoms among youth in a community clinic sample*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- *Homer, K., Weersing, V. R., *Warnick, E. M., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Parent-youth agreement on depression symptoms in a community outpatient treatment sample*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- *Rozenman, M., Weersing, V. R., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Internalizing comorbidity within a community clinic sample of externalizing youth*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- *Walker, P., Weersing, V. R., *Warnick, E. M., Findley, D., Scahill, L., & Woolston, J. (2008, November). *Predictors of youth therapist technique use in community care*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
- Garber, J., Gladstone, T. R. G., Weersing, V. R., Clarke, G., Brent, D. A., Beardslee, W. R., Hollon, S. D., Debar, L., & D'Angelo, E. (2008, May). *The prevention of depression in at-risk adolescents: Rationale, design, & preliminary results*. Presented at the annual meeting of the Society for Prevention Research, San Francisco.
- Weersing, V. R., Garber, J., Gladstone, T. R. G., Brent, D. A., Beardslee, W. R., Clarke, G., Debar, L., D'Angelo, E., & Hollon, S.D. (2008, May). *The prevention of depression in at-risk adolescents: Moderators of outcome at 8 months*. Presented at the annual meeting of the Society for Prevention Research, San Francisco.

- *Walker, P., *Gonzalez, A., *Rozenman, M., Weersing, V. R., *Warnick, E. M., & Woolston, J., & Scahill, L. (2008, April). *Parent referral reasons and diagnostic interview in community mental health: Do they match?* Poster presented at the annual meeting of the Western Psychological Association, Irvine, California.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2008, May). *Youth judgments of the effectiveness of social strategies: Links to internalizing symptoms.* Poster presented at the annual meeting of the Association for Psychological Science, Chicago, Illinois.
- Weersing, V. R., Garber, J., Clarke, G., Brent, D. A., Beardslee, W., Gladstone, T. Debar, L., D'Angelo, E., & Hollon, S. (2007, November). The Prevention of Depression (POD) study: Adolescent outcome at immediate follow-up. In J. Garber (Chair), *Prevention of psychopathology in at-risk youth.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- Weersing, V. R. (2007, November). Discussant. In R. Jarrett and J. Garber (Chairs), *Preventing mood and anxiety disorders across the lifespan.* Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- Weersing, V. R. (2007, November). Roundtable participant. In R. Friedberg (Chair), *Case conceptualization: A lost science and art in CBT with children?* Clinical roundtable conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- *Gonzalez, A., Weersing, V. R., *Warnick, E. M., *Walker, P. N., Woolston, J., & Scahill, L. (2007, November). *Predictors of treatment attrition among a community sample of anxious youth.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- *Walker, P. N., Weersing, V. R., *Warnick, E. M., *Gonzalez, A., Woolston, J., & Scahill, L. (2007, November). *Understanding mental health service utilization in low symptom youth.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- *Warnick, E. M., *Gonzalez, A., Weersing, V. R., Scahill, L., & Woolston, J. (2007, November). *Time to dropout: Attrition in a community child guidance clinic.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.
- Weersing, V. R., Brent, D., Garber, J., Clarke, G., Beardslee, W., Gladstone, T. Debar, L., D'Angelo, E., & Hollon, S. (2007, October). Prevention of depression in at-risk adolescents: Outcomes at eight months. In J. Garber (Chair), *Preventing depression in at-risk adolescents: Rationale, design, and preliminary outcomes.* Symposium conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Boston, Massachusetts.
- Weersing, V. R. (2007, October). Mechanisms of action in CBT: Do we know what matters? In R. Friedberg (Chair), *Discovery, delivery, and dilemmas: A 3-D look at CBT.* Clinical perspectives panel conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Boston, Massachusetts.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007, May). *The relative salience of aggressive strategies in youth responses to peer provocation.* Poster presented at the annual meeting of the Association for Psychological Science, Washington, D.C.
- Gladstone, T. R. G., Beardslee, W., Battista, D. R., Garber, J., Brent, D. A., Clarke, G., Weersing, V. R., D'Angelo, E., & DeBar, L. (2007, March). Sibling relationships among offspring of depressed parents. In J. Garber (Chair), *Depression in parents and adjustment in their offspring: What is it about the family?* Symposium conducted at the annual meeting of the Society for Research in Child Development, Boston, Massachusetts.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2007, March). *The relative salience of aggression in youth responses to peer provocation.* Poster presented at the annual meeting of the Society for Research in Child Development, Boston, Massachusetts.

- Weersing, V. R. (2006, November). Conflicting answers to fuzzy questions: Evidence on the effectiveness of interventions for depression in youth. In J. Persons (Chair), *Bridging the gap between science and practice: From research lab to clinical practice – and from clinical practice to research lab*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Weersing, V. R. (2006, November). Roundtable participant. In R. Friedberg (Chair), *Developing blueprints for disseminating effective treatments to the community: Moving beyond hammers and nails*. Clinical roundtable conducted at the annual meeting of the Association for Cognitive and Behavioral Therapies, Chicago, Illinois.
- Weersing, V. R. (2006, November). Discussant. In L. Brookman-Frazee (Chair), *Integrating evidence-based practice and practice-based evidence in community services*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2006, November). *The relative salience of aggression in youth responses to peer provocation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- *Warnick, E., Weersing, V. R., Scahill, L., Armbruster, P., & Woolston, J. (2006, November). *Efficiency of symptom scales in the assessment of youth psychopathology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Weersing, V. R. (2006, October). Core processes in psychotherapy for youth. In R. Friedberg (Chair), *From protocols to practice: Helping child psychiatrists apply cognitive behavioral therapy in challenging clinical contexts*. Clinical perspectives panel conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, San Diego, California.
- Weersing, V. R. (2006, May). Effectiveness of CBT for adolescent depression: Results of two benchmarking investigations. In C. Mueller (Chair), *Bringing psychological science to everyday children's mental health practice: Models and evidence*. Symposium conducted at the annual meeting of the Association for Psychological Science, New York, New York.
- Weersing, V. R. (2006, May). Discussant. In A. De Los Reyes (Chair), *A new look at the evidence (and non-evidence) for evidence-based interventions*. Symposium conducted at the annual meeting of the Association for Psychological Science, New York, New York.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2006, May). *Situation- and judge-factors in youth social functioning: The case of peer provocation*. Poster presented at the annual meeting of the Association for Psychological Science, New York, New York. Winner of the 2006 Society for a Science of Clinical Psychology Student Poster Award.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2005, March). *The relative salience of verbal aggression in youth responses to peer provocation: A judge-specific analysis*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, California.
- Weersing, V. R. (2005, November). Searching for core components of youth psychotherapy: Do we know what matters? In A. Jensen Doss (Chair), *Moving toward dissemination: An assessment of the youth therapy evidence base*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, D.C.
- Weersing, V. R., & Hamilton, J. D. (2004, October). *Benchmarking: Methods for evaluating outcome in real world clinical care*. Workshop conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, D.C.
- *Dirks, M. A., Treat, T. A., & Weersing, V. R. (2004, March). *Demographic factors associated with youth management of peer provocation: A situation- and judge-specific analysis*. Poster presented at the biennial meeting of the Society for Research in Child Development, Atlanta, Georgia.

- *Dirks, M. A., Treat, T. A., Weersing, V. R., & Prinstein, M. J. (2004, March). *Children's responses to peer provocation: A situation- and judge-specific analysis*. Poster presented at the annual meeting of the Society for Research on Adolescence, Atlanta, Georgia.
- Weersing, V. R. (2003, November). Effectiveness of CBT for adolescent depression: Success and failure in the real world. In B. Baumann (Chair), *Community dissemination of efficacious child treatments: Transportability, training, and clinical application*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, Massachusetts.
- Carter, A. S., Briggs-Gowan, M. J., Weersing, V. R., Jones, S. M., & Horwitz, S. M. (2003, November). Continuities and discontinuities in early anxiety: Do parental ratings of infant/toddler internalizing and regulatory problems predict anxiety disorders in kindergarten? In D. Hirshfeld-Baker (Chair), *From vulnerability to early intervention: New research on childhood anxiety*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, Massachusetts.
- Weersing, V. R. (2003, October). Cognitive-behavioral therapy for youth depression: Efficacy and effectiveness. In J. Hamilton (Chair), *Evidence-based medicine and child psychiatry: Can they get along?* Symposium conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Miami, Florida.
- Weersing, V. R., Weisz, J. R., & Brent, D. A. (2002, April). *Treatment of youth depression: Benchmarking community TAU and open-clinic CBT against clinical trials*. Paper presented at the biennial meeting of the International Mental Health Services Research Conference, co-sponsored by the National Institute of Mental Health, Washington, D.C.
- Weersing, V. R., & Weisz, J. R. (2000, August). Treatment of childhood depression and anxiety in practice settings. In F. A. Ghinassi (Chair), *Psychologist as architect: Policy planner, effectiveness researcher, treatment developer*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Southam-Gerow, M. A., Kendall, P. C., & Weersing, V. R. (1998, October). *Why treatment fails: Factors associated with poor outcomes in a child anxiety clinic*. Poster session presented at the Kansas Conference on Clinical Child Psychology, Lawrence, Kansas.
- Weersing, V. R., Donenberg, G. R., & Weisz, J. R. (1996, August). *Development and validation of the Therapy Process Checklist*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Invited presentations

- Weersing, V. R. (2007, September). *Brief behavioral therapy for pediatric internalizing disorders: Results from a pilot randomized trial*. Paper presented at the Child Depression Consortium Meeting, sponsored by the Division of Pediatric Translational Research and Treatment Development, National Institute of Health and the Department of Psychiatry, University of Pittsburgh, Pittsburgh, Pennsylvania.
- Weersing, V. R., & Gaynor, S. T. (2007, August). Mechanisms of action in youth depression treatment. In J. Sherrill and V. R. Weersing (Chairs), *Treatment of youth depression: Early gains and change mechanisms*. Symposium conducted at the annual meeting of the American Psychological Association, San Francisco, California.
- Weersing, V. R. (2006, June). *Developing an integrated CBT program for depression, anxiety, or their combination*. Invited presentation, Mental Health Interventions Services Research Consortium for Children and Youth, Mount Sinai School of Medicine, New York, New York.
- Weersing, V. R. (2006, March). *Improving the quality of care for mood and anxiety disorders in youth*. Series of talks presented as a Visiting Scholar to the "Family Context Interventions Research Training Program" (T32-MH070329), Department of Psychology and Human Development, Vanderbilt University, Nashville, Tennessee.

- Weersing, V. R. (2006, February). Understanding mechanisms of psychotherapy. In J. Sherrill (Chair), *How does treatment work?* Symposium conducted at “Benefits, limitations, and emerging research needs in treating youth with depression,” NIMH mini-conference on treatment research in child and adolescent depression, National Institute of Mental Health, Washington, D.C.
- Weersing, V. R. (2005, September). *Brief CBT for pediatric internalizing disorders*. Paper presented at the Child Depression Consortium Meeting, sponsored by the Division of Pediatric Translational Research and Treatment Development, National Institute of Health and the Department of Psychiatry, University of Pittsburgh, Pittsburgh, Pennsylvania.
- Weersing, V. R. (2005, August). Identifying core components in psychotherapy for youth: The case of adolescent depression. In S. Shirk (Chair), *Uncovering mechanisms of action in youth therapy*. Presidential symposium, Division 53, Society of Clinical Child and Adolescent Psychology, conducted at the annual meeting of the American Psychological Association, Washington, D.C.
- Weersing, V. R. (2005, April). *Psychosocial treatment of depression in youth: Efficacy, effectiveness, and the “problem” of generalizability*. Invited presentation, Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders, University of Pittsburgh, Pennsylvania.
- Weersing, V. R. (2004, October). Psychotherapy manual: Tool for many tasks. In D. Shaffer (Chair), *Issues in the conduct and interpretation of studies of adolescent depression*. Invited plenary session conducted at the annual meeting of the American Academy of Child and Adolescent Psychiatry, Washington, D.C.
- Weersing, V. R. (2004, June). *Developing and disseminating psychosocial interventions for internalizing disorders in youth*. Invited presentation, Mental Health Interventions Services Research Consortium for Children and Youth, Center for the Advancement of Children’s Mental Health, Columbia University, New York, New York.
- Weersing, V. R. (2002, October). *Measuring outcomes in the real world: The case of youth depression*. Workshop presented at the annual meeting of the American Association for Marriage and Family Therapy, Cincinnati, Ohio.
- Weersing, V. R. (2002, March). *Bridging the lab between lab and clinic: Treatment of youth depression in clinical trials, specialty care, and community mental health*. Invited presentation, Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders, University of Pittsburgh, Pennsylvania.
- Weersing, V. R. (2000, May). *Anxiety disorders in youth: Developmental considerations in assessment and intervention*. Invited lecture, Diagnostic Evaluation Center, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania.
- Weersing, V. R. (2000, April). *Cognitive-behavioral therapy for youth: From theory to data to practice*. Invited in-service, Center for Problem Eating, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania.

Departmental colloquia, grand rounds, and brown bags

Child and Adolescent Services Research Center (UCSD)
New York University
State University of New York at Stony Brook
Temple University
University of Alabama
University of British Columbia
University of California, Berkeley
University of North Carolina, Chapel Hill
University of Maryland, College Park
University of Pittsburgh School of Medicine
Yale University

Classroom teaching

- Psychology 333: Developmental Psychopathology* 2007-present
 Professor, San Diego State University, Psychology Department
 Upper division course for psychology majors. Created syllabus and all course materials. Lectured, led discussions, and evaluated student progress. Mean overall teaching evaluation of 4.3 and 4.4 on a five-point scale.
- Psychology 852: Research Methods in Experimental Psychopathology* 2006-present
 Professor, SDSU/UCSD Joint Doctoral Program
 Advanced seminar for graduate students in clinical psychology, experimental psychopathology track. Created syllabus and all course materials. Lectured, led discussions, and evaluated student progress. Mentored students in the production of individual research grant applications (major course assignment). Mean overall teaching evaluations of 4.8 and 5.0 on a five-point scale.
- Psychology 177: Counseling Relationships* 1998-1999
 Section Leader, University of California, Los Angeles
 Upper division seminar for psychology majors. Taught three sections on the theory and practice of psychotherapy. Led discussions, conducted role-plays, prepared lectures, evaluated student progress. Mean overall teaching evaluations of 8.7, 8.8, and 8.7 on a nine-point scale.
- Psychology 199: Directed Individual Research and Studies* 1997-1998
 Thesis Supervisor, University of California, Los Angeles
 Upper division course for psychology majors interested in completing major research project. Supervised literature review, study design, data collection, and analysis for senior theses. Teaching evaluations not collected.
- Psychology 10: Introductory Psychology* 1995
 Graduate Teaching Assistant, University of California, Los Angeles
 Introductory lecture course for majors and non-majors. Responsible for selected lectures and exam review sessions. Assisted in writing and grading exams, constructing syllabus, and preparing class demonstrations. Mean overall teaching evaluation of 7.8 on a nine-point scale.
- Psychology 194: Research Seminar* 1995-1997
 Graduate Coordinator, University of California, Los Angeles
 Upper division course for psychology majors interested in structured research experience. Designed and conducted weekly seminar for research assistants involved in the UCLA Clinic Study. Constructed syllabus, selected readings, and graded research papers. Teaching evaluations not collected.

Clinical teaching and supervision

- Brief Behavioral Therapy for Pediatric Anxiety and Depression* 2008-present
 Clinical Supervisor, William T. Grant Foundation grant protocol
 Supervising clinicians embedded in pediatric primary care in the use of a brief, integrated behavioral therapy protocol to treat anxiety and/or depression in youth. Wrote treatment manual and protocol.
- Brief Cognitive-Behavioral Therapy for Pediatric Anxiety* 2006-2007
 Clinical Consultant, Renfield Foundation protocol, Yale University
 Trained and supervised nurse-practitioner embedded in pediatric primary care in the use of CBT to treat anxiety in children and adolescents. Wrote treatment protocol and manual.
- Brief Cognitive-Behavioral Therapy for Anxiety and Depression* 2002-2007
 Clinical Supervisor, Child Study Center, Yale University
 Supervising a team of social work fellows in CBT for youths with anxiety and/or depression, seen for services in the general outpatient clinic of the Child Study Center. Treatment focuses heavily on the behavioral components of CBT (behavioral activation for depression; exposure therapy for anxiety).

- Brief Cognitive-Behavioral Therapy for Pediatric Depression* 2004-2006
 Clinical Supervisor, Robert Wood Johnson Foundation grant protocol
 Supervising mental health workers embedded in pediatric primary care in the use of CBT to treat depression in adolescents. Wrote treatment manual and protocol.
- Cognitive-Behavioral Therapy for the Prevention of Depression in Adolescents* 2002-2006
 Clinical Supervisor, NIMH protocol (MH064503-01A1)
 Provided clinical supervision and rated therapist adherence to a multi-site CBT depression prevention protocol. Treatment was an adaptation of the *Coping with Stress* (Clarke & Lewinsohn, 1995) program.
- Youth Assessment Practicum* 2004-2006
 Faculty Supervisor, Department of Psychology, Yale University
 Supervised a structured practicum for clinical psychology graduate students. Students gained experience with semi-structured interviews and youth- and parent-report scales for assessing psychopathology in children and adolescents. Included a weekly reading group, with syllabus.
- Evidence-Based Psychotherapy Seminar* 2003-2005
 Faculty Supervisor, Child Study Center, Yale University
 Provided annual seminar for social work fellows (post-masters), seeking additional training in research methods and evidence-based treatment of psychopathology in childhood and adolescence.
- Cognitive-Behavioral Therapy in Practice* 2000-2002
 Consultant, Center for Children and Families, University of Pittsburgh School of Medicine
 Provided CBT consultation for social work and psychology staff of the general outpatient clinic. Assisted clinic in development of “best practice” CBT guidelines for youths with internalizing symptoms.

Professional Service:

National service

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| Expert reviewer | <i>Screening for child and adolescent depression in primary care settings: A systematic evidence review for the U.S. Preventive Services Task Force</i>
Agency for Health Care Research and Quality
U.S. Department of Health and Human Services | 2007 |
| Invited speaker | Mini-conference on treatment research in youth depression
<i>Treating children and adolescents with depression: What we know, what we need to know through research</i>
National Institute of Mental Health | 2006 |
| Coordinator | Internship and post-doctoral program poster session
Joint convention program of Division 53 (Clinical Child) and Division 54 (Pediatric Psychology)
American Psychological Association Annual Convention | 2005 |
| Plenary speaker | Annual Convention Research Forum
<i>Issues in the conduct and interpretation of studies of adolescent depression; Session on psychotherapy manuals</i>
American Academy of Child and Adolescent Psychiatry | 2004 |
| Expert reviewer | Expert Panel on Treatment
<i>Guidelines for Adolescent Depression in Primary Care</i>
Center for the Advancement of Children’s Mental Health
Columbia University | 2004 |

Editorial service and grant reviews

Editorial board	<i>Journal of Consulting and Clinical Psychology</i>	2007-present
	<i>Behaviour Research and Therapy</i>	2007-present
Ad hoc manuscript reviews	<i>Ambulatory Pediatrics</i>	
	<i>Behaviour Research and Therapy</i>	
	<i>Clinical Psychology Review</i>	
	<i>Clinical Psychology: Science and Practice</i>	
	<i>Cognitive and Behavioral Practice</i>	
	<i>Journal of Consulting and Clinical Psychology</i>	
	<i>Journal of Clinical Child and Adolescent Psychology (JCCAP)</i>	
	<i>JCCAP: Special section on dissemination of treatments for traumatized youth</i>	
	<i>Journal of the American Academy of Child and Adolescent Psychiatry</i>	
	<i>Mental Health Services Research</i>	
	<i>Psychological Methods</i>	
Grant reviews	William T. Grant Foundation	
	Canadian Institutes of Health Research, Clinical Trials Programme	
Convention program reviews	APA Division 5, <i>Evaluation, Measurement, and Statistics</i>	
	Society for Research on Adolescence, <i>Psychopathology and Problem Behavior</i>	
	Society for Research in Child Development, <i>Developmental Psychopathology</i>	
Award review committees	Dissertation Research Award, APA Science Directorate	2007-2008
	Early Career Award, Psychopathology Area, APA Division 12	2007-2008

Academic committee service

Co-Chair	Experimental Psychopathology Admissions Committee	2007-present
	SDSU / UCSD Joint Doctoral Program in Clinical Psychology	
Member	Kaplan Postdoctoral Fellowship Admissions Committee	2007-present
	San Diego State University, Department of Psychology	
Member	Undergraduate Awards Committee	2006-present
	San Diego State University, Department of Psychology	
Member	Health Professions Interview Committee	2006-present
	San Diego State University	
Member	Masters Student Admissions Committee	2006-present
	San Diego State University, Department of Psychology	
Member	Clinical Services Evaluation Workgroup	2002-present
	Yale Child Study Center	
Member	Childrearing Leave Policy Committee	2005
	Yale School of Medicine	
Member	Committee on Clinical Investigation	2003-2004
	Yale School of Medicine	
Member	Postdoctoral Admissions Committee	2002-2006
	NIMH Research Training Program in Childhood	
	Neuropsychiatric Disorders (T32 MH018268)	
Member	Science and Program Directions Committee	2002-2003
	Yale Child Study Center	

Academic advising*Doctoral students*

Mentor	Araceli Gonzalez (SDSU / UCSD, Clinical Psychology)	2006-present
Mentor	Michelle Rozenman (SDSU / UCSD, Clinical Psychology)	2007-present
Mentor	Patrick Walker (SDSU / UCSD, Clinical Psychology)	2008-present
Co-Mentor	Melanie Dirks (Yale University, with Teresa Treat)	2004-2007
Co-Mentor	Erin Warnick (Yale University, with Stanley Kasl)	2004-2006

Dissertation committees

Member	June Liang (SDSU / UCSD, Clinical Psychology)	2008-present
Member	Andrea Letamendi (SDSU / UCSD, Clinical Psychology)	2008-present
Member	Michelle Fisher (University of Texas, School Psychology)	2008-present
Member	Nicole Duranceaux (SDSU / UCSD, Clinical Psychology)	2007-present
Member	Amelia Kotte (SDSU / UCSD, Clinical Psychology)	2007-present
Member	Sara Nowakowski (SDSU / UCSD, Clinical Psychology)	2007-present
Member	Marya Schulte (SDSU / UCSD, Clinical Psychology)	2007-present
Co-Chair	Melanie Dirks (Yale University, Clinical Psychology)	2004-2007
Member	Erin Warnick (Yale University, Epidemiology)	2004-2006
Member	Misty Ginicola (Yale University, Developmental Psychology)	2004-2006

Guidance committees

Chair	Araceli Gonzalez (SDSU / UCSD, Clinical Psychology)	2006-present
Member	Kendall Wilkins (SDSU / UCSD, Clinical Psychology)	2008-present
Member	Xu (Kathy) Chen (SDSU / UCSD, Clinical Psychology)	2007-2008

Masters thesis committees

Chair	Kestrel Homer (SDSU, Psychology)	2007-present
Chair	Patrick Walker (SDSU, Psychology)	2006-2008
Member	Matthew Jarvinen (SDSU, Psychology)	2008-present
Member	Amanda Morrison (SDSU, Psychology)	2007-2008
Member	Laura Skriner (SDSU, Psychology)	2007-2008
Member	Jessica Borelli (Yale University, Clinical Psychology)	2003-2005
Co-Chair	Melanie Dirks (Yale University, Clinical Psychology)	2002-2004

Professional Affiliations:

American Psychological Association

APA Division 5, Evaluation, Measurement, and Statistics

APA Division 12, Section 3, Society for a Science of Clinical Psychology

APA Division 53, Society of Clinical Child and Adolescent Psychology

Association for Behavioral and Cognitive Therapies

Association for Psychological Science

Society for Research in Child Development

Society for Research on Adolescence